

REFLEXOLOGY

Ewa Jamitzky (MAR)
07864 708724
www.healandtoe.co.uk
Ewa@healandtoe.co.uk



Lovely experience.
First time I've had this treatment and would definitely have it again. J.



Private Flute Tuition
(for children & adults)

Call: Cecile Mistry on
07986 242 357

DBS certificate available

Sevenoaks Framing

Competitively priced bespoke picture framing service, specialising in paint and stain finishes to match any decor

We frame artwork, photographs & memorabilia & make mirrors, chalkboards & pinboards to order.

Call Sandie on 07918 155779 or sevenoaksframing@aol.com to discuss your needs or arrange a home visit.

italiano & español

Experienced Private Language Tutor

group or one-to-one GCSE and up to year 12

Maria Natale Hacon
01732-763973
07917272573

WANTED:

Advertising Manager for this newsletter.

Can you volunteer your time to source & produce this page of ads every quarter? Contact Ingrid in the Parish Office

parish.office@sevrccparish.org.uk
01732 454177

Advertise your business here and be seen by more than 500 local families every week.

email: advertising@sevrccparish.org.uk



LITURGY & WORSHIP

SATURDAY 11 & 25 NOVEMBER 2017 (10.30AM TO 4PM)

Course Fee: £25

The Centre for Catholic Formation (CCF) is pleased to offer 'An Introduction to Liturgy in partnership with the Southwark Liturgy Commission. Participants will explore the principles and practice of the Church's liturgy over two Saturdays.

To find out more or to register for these, please call us on 020 8672 7684 or email ccrs@ccftootingbec.org.uk.

You can also contact Ingrid in the parish office for more information.




Archdiocese of Southwark

PARISH OF
ST THOMAS OF CANTERBURY
SEVENOAKS

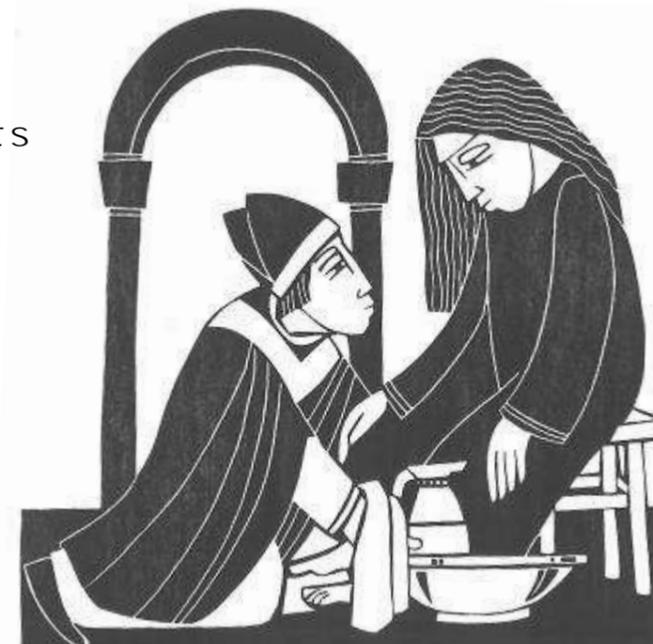


Churches in Sevenoaks, Otford, Borough Green and west kingsdown

Parish Newsletter

5th November 2017

Anyone who exalts himself will be humbled,



and anyone who humbles himself will be exalted.

Today's Mass: Thirty-First Sunday (Year A)

First Reading: God, through the prophet Malachi, rebukes the priests for straying from the way of God's covenant: a salutary warning to all priests today!

Psalm: an expression of childlike trust and peace, which should be the hallmark of the children of God.

Second Reading: St Paul uses family imagery to describe how, like a mother feeding and protecting her children, he preached the Good News of Christ to them.

Gospel: Jesus criticises the hypocrisy of the scribes and Pharisees, who created onerous spiritual burdens, who promoted themselves, and who had forgotten that they were called to serve God and the people.

If we "must call no one on earth your father", why then are Catholic priests addressed as Father? Jesus himself often used the title father in his parables (eg in the parable of the Prodigal Son), and St Paul describes himself as a spiritual father (1 Corinthians 4: 14 – 17). From the earliest times Christians have used the title 'Father' for religious leaders (it is what 'Pope' means), and the priest should be a spiritual father to his people: like a father he must nourish, instruct, challenge, correct, forgive, listen to, and sustain his children. So for a priest to be called 'Father' is in fact very humbling for him.

Fr David

St Thomas of Canterbury Sevenoaks



Sunday Mass times:

Saturday
6:00pm

Sunday

8:00am (Latin)
9:15am (Children's Liturgy of Word)
11:15am
6:00pm

Weekday Mass times:

Monday 8:00am
Tuesday 9:30am
Wednesday 8:00am
Thursday 12:00noon
Friday 8:00am
Saturday 9:30am

Adoration:

Monday 8:00am - 12noon
8:00pm - 9:00pm
Tuesday 10:00am - 12noon
Thursday 11:00am - 3:00pm
Saturday 8:30am - 10:30am

Sacrament of Reconciliation:

Saturday
10:00am - 10:30am,
5:15pm - 5:45pm

Granville Road,
Sevenoaks TN13 1ER

Parish Office: Mrs Ingrid La Trobe
Mon, Wed, Thurs & Fri
9:00am - 12noon
Tel: 01732 454177
parish.office@sevrparish.org.uk
www.sevrparish.org.uk

Contacts & organisations

Parish of St Thomas of Canterbury, Sevenoaks

www.sevrparish.org.uk Parish Tel: 01732 454177

Parish Priest: Fr David Gibbons, KHS
frdavid@sevrparish.org.uk

Assistant Priest: Fr Paul Okora
frpaul@sevrparish.org.uk

Retired Priest: Canon John Bailey, KHS
Tel: 01474 852223

Parish Secretary: Mrs Ingrid La Trobe parish.office@sevrparish.org.uk

Presbytery and Parish Office: 12 Granville Road, Sevenoaks, TN13 1ER

Parish Office hours: Mon, Wed, Thurs & Fri 9:00am - 12noon

Parish Safeguarding

Your Parish Safeguarding Representative is *Isabelle Parsons* 07873 953423.
The Diocesan Safeguarding Coordinator can be contacted on 02072 611606. *In an Emergency dial 999.*



MOST HOLY TRINITY OTFORD

Mass times: Sunday 9:30am
Wed 10:00am

Adoration: Friday 11:00am - 1:00pm

High Street, Otford
TN14 5PH

Church contacts:

Rosemary Curtis 01959 522624
(Sacristan)
Anne Knight 01959 524488
(Acting Secretary)
parish.office@sevrparish.org.uk



St Joseph's BOROUGH GREEN

Mass times: Sunday 9:30am

Western Rd, Borough Green
TN15 8AG

Church contact:

Antoni Offert
Tel: 07513 041075
parish.office@sevrparish.org.uk



St Bernadette's West Kingsdown

Mass times: Sunday 11:00am
Thurs, Fri & Sat 9:15am
Holy Days of Obligation 11:00am

Rosary: 1st Wed every month at 7:00pm
Adoration: Wed 7:30pm - 8:30pm
Thurs 10:00 - 11:00am

Fawkham Rd, West Kingsdown
TN15 6JP

Church contact:

Jill & John Gobel
Tel: 01474 853676
parish.office@sevrparish.org.uk

St Thomas' catholic primary school



South Park,
Sevenoaks, TN13 1EH

Headteacher: Mrs Claudia Aquilina
Tel: 01732 453921
www.saintthomas.co.uk

St Thomas' Pre School

Head: Mrs Debbie Whitehead
Tel: 01732 779517
info@stthomaspreschoolsevenoaks.org.uk

Adoration: Barry & Marie Authers
adoration@sevrparish.org.uk

Altar Servers: David Brunning Tel: 01732 465518
davidabunning@btinternet.com

Catenians: The Catenians are a social club for Catholic men aged 18 to 108. We also help the parish with social events. We always welcome visitors to our meetings at Knole Park Golf Club on Seal Hollow Road. Meetings are held on the first Tuesday of every month at 7.30pm followed by dinner at 8.30pm. For further information, please contact: aidan.omahony@btinternet.com or on 07834 259 229.

Children's Liturgy of the Word:

Sevenoaks, 9.15am Mass: Anne Murphy
annemurphy2000@yahoo.com
Otford, 9.30am Mass: Alex Wilson-Beales
Tel: 07789 776602

Finance Committee:

Chair: Bill Farren 07787 537350
Minutes Secretary: Terry D'Avrincourt 07812 054364

Gift Aid: Sean Corrigan

sean.corrigan@sevrparish.org.uk

Lectio Divina: Kathie Gonzalez

Tel: 01732 761253

Mothers' Prayers: Mondays, 11.00am at Star House, Star Hill Road, Sevenoaks. Tel: 01959 532500

Readers, Ministers & Welcomers Rota, St Thomas's
Tony Capozzi: st.thomas.rota@gmail.com

Parents & Toddlers: Anna Kidd 07816 277765; Kelly Sammuller 07521 428112; Paola Webb 07429 160394.
Tuesdays 9.30am - 11.30am, Parish Centre

RACET (Rural Africa Children's Education Trust)
MaryAnn Perasso 01959 522337, www.racet.org

The Pilgrims: Teas or lunches, four times a year, held at St. Thomas's in the Parish Centre. All older parishioners are welcome and lifts are available. Contact: Jackie Pembroke 01732 450197
ac.jbpembroke@gmail.com
or Pat Harman 01732 453902
bobandpat.harman@gmail.com.

St Vincent de Paul Society (SVP): Kathie Gonzalez -
ugonzalez@btinternet.com (01732 761253)
Frances Smith - francesrsmith@hotmail.com
Joan Perkins - perkins_aj@hotmail.com

Union of Catholic Mothers (UCM)

Borough Green UCM: June Dinmore (President)
Tel: 01732 672602
West Kingsdown UCM: Monica Biggs (President)
per_ardua_ad_astra@hotmail.com

Young Disciples: Two groups of informal catechesis for school years 4-6 and 7-9, Sundays after 9.15am Mass in the TV room upstairs. Term time only. Contact: Enia Adeleye at youngdisciples@sevrparish.org.uk

Further details of organisations are available in our Parish Handbook and on our website

Visit us at www.sevrparish.org.uk

Bishops' statement on abortion

This statement, published by the Catholic Bishops of England, Wales and Scotland, on the occasion of the 50th anniversary of the 1967 UK Abortion Act, is addressed not only to Catholics of our countries, but more broadly to all people who seek to uphold the dignity of human life and protect the unborn child.

Over the last fifty years, the bishops of our countries, along with many other people, have spoken consistently in favour of the intrinsic value of human life and both the good of the child in the womb and the good of the mother. This anniversary provides an opportunity to lament the loss of life due to abortion and seek a change of minds and hearts about the good of the child in the womb and the care of mothers who are pregnant.

Fifty years ago, few envisaged the possibility of that there would be almost 200,000 abortions in Great Britain in 2015. Every abortion is a tragedy and few consider that abortion is the desirable or best solution to a pregnancy, which may be challenging on account of many different factors. The complex set of conditions in which a woman finds herself pregnant and may consider having an abortion may limit the exercise of freedom and diminish moral culpability. When abortion is the choice made by a woman, the unfailing mercy of God and the promise of forgiveness through the Sacrament of Reconciliation are always available. There is always a way home to a deeper relationship with God and the Church, as recent Popes have emphasised, which can heal and bring peace.

Today the language of 'choice' dominates discourse about marriage, gender, family and abortion. This needs further exploration. Choice has come to mean doing whatever I feel to be right for me - a very subjective view of the good - rather than taking into account a wider set of fundamental values. This is a very inadequate understanding of free choice, which requires an education in important truths about what is truly good and the possibility of other options. In this case, these must include the good of the unborn child, care and support for pregnant mothers, and the responsibility of the father.

This statement presents a number of different challenges for the future: a new understanding of the intrinsic value and worth of every human life in the womb, a better protection of unborn children diagnosed with a disability, a great need for education in moral responsibility about human sexuality and the meaning of sexual expression within marriage. Many professionals face the challenge that respect for conscientious objection against abortion has been eroded. Personal conscience is inviolable and nobody should be forced to act against his or her properly informed conscience on these matters. We encourage greater debate about this right and these challenges in our society.

Finally we thank many people, of religious faith and none, who have sought to protect unborn life and the life of the mother over the last fifty years; mothers who have continued their pregnancies in difficult circumstances, politicians who have sought to reform the legislation to better protect unborn life, those people whose prayers have been offered for greater respect to be shown to the wonder of the life in the womb, for mothers and those whose lives are cut short by abortion. Together let us better cherish life.



Before I formed you
in the womb I knew you,
and before you were born
I consecrated you.

Jeremiah 1:5

Parish NOTICES

Contents this Week

Pages 3-4	Parish Notices
Page 5	Mass Intentions
Page 6	Mass Readings
Page 7	Sunday Message
Page 8	Mass Activity for Children
Page 9	From the desk of the Parish Priest - <i>A year in review</i>
Page 10	Bishops' Statement on Abortion
Page 11	Contacts & Organisations

Today

Bethlehem Nativity Group

Representatives of this group will be in the Entrance at all Masses at St Thomas's, selling devotional items hand carved in olive wood from the Holy Land. Besides making good Christmas presents, this is a good way of aiding the beleaguered Christians in the Bethlehem area.

Blessing of Graves

The traditional Blessing of Graves takes place today (Sunday) at 3:00pm at the Greatness Cemetery.

First Holy Communion Application Deadline

Please submit your application forms no later than Sunday 5th November. If you missed the Registration Evening and would like your child to take part please contact the Parish Office.

This Week

RCIA Course

This course is for all those who wish to become Catholics, by Baptism if not already Baptized or by Reception into Full Communion for those who are Baptized. The introductory meeting is on Monday at 8:00pm in the Upper Room in the Parish Centre.

If you are interested in becoming a Catholic, please come to this meeting. If you know someone who might be interested in becoming a Catholic, please give them a personal invitation and bring them to this meeting.

St Thomas' School

Year 2 will attend the 9:30am Mass on Tuesday.

Feasts this week

For the significance of the Feasts of the Dedication of the Metropolitan Church of S George, on Tuesday, and of the Dedication of the Lateran Basilica, on Thursday, please see Fr David's article in the November issue of *The Pilgrim*, the diocesan newspaper. It is free: take it home and read it.

Musicians' Evening

All parish musicians – organists, cantors, choir leaders, etc – are invited to a meeting and social on Tuesday at 8:00pm in the Parish Centre. Please come if you possibly can.

Scripture Fellowship

This new group has its first meeting on Wednesday, 8:00pm – 9:00pm in the Upper Room in the Parish Centre. It will run weekly for 20 sessions, studying St Mark's Gospel (the Gospel for Year B); please bring a copy of the Gospel. If you do plan to come, please call Andrew Wilkinson 07487 652846 to let him know (not necessary but helpful for planning purposes).

Sevenoaks Ordinariate

Fortnightly Ordinariate Mass on Thursday at 7:30pm in Holy Trinity, Otford. All are welcome, not just Ordinariate members.

Next weekend

Second collection

Next weekend's second collection will be for the Archbishop's Administration Fund: this collection helps to meet the cost of the unglamorous but necessary central administration of the diocese.

Remembrance Day

The customary Parade and Service will take place next Sunday at The Vine memorial, at 11:00am. Fr David will be present to represent the Catholic parish. and James McBrien will lay a wreath on behalf of the Parish.

Confirmation programme

Candidates are reminded of the Reconciliation Workshop next Sunday, 2:00pm in church, followed by the Mass of Election at the 6:00pm Mass.

Notices

Annual Mass Count

Thanks to all who counted. The Mass Count this year totalled 805, compared with 726 last year, so let us thank the Holy Spirit for this pleasing increase. This figure is the average attendance over 4 weeks in October in all four churches.

Parish NOTICES

Thank you

Having served in the Sacristy for many years, Angela and Barry Griffiths are now standing down; we thank them very much for their devoted service and wish them well.

Altar Servers

David Brunning is about to start a course of training for new Altar Servers. Children who have made their First Holy Communion are eligible. Parents should fill in and hand in the application form – available in St Thomas’s porch – or simply email Ingrid in the Parish Office with contact details.

Christmas is coming

Shops are now full swing into the spending spree and commercialisation, but let us not forget the real meaning of Christmas, the wonder of ‘God with us’. Try to buy ‘religious’ Christmas stamps (you may have to ask specifically for them at the Post Office), and try to send Christmas cards rather than non-religious ones, to help redress the balance.

Pat Harman

Catholic Legacy Week: 5th – 11th November

Gifts in your Will are a wonderful way you can continue to support the Church’s ministry and mission and help meet the needs of future generations. Do please consider gifts to the Church and Catholic charities next time you update your Will. For more information pick up a leaflet, contact *Your Catholic Legacy* on 020 7095 5370, go to www.yourcatholiclegacy.org.uk, or contact Adrian Radford, the Diocesan Financial Controller, by email: adrian.radford@finance-rcdsouthwark.org.

Please note that if you leave a legacy to the Parish (and thank you in advance) you should leave it to ‘The Parish Priest of St Thomas’s, Sevenoaks, for general purposes’. Do not leave it to Fr David by name.

A useful thing to do is to leave a sum of money for Mass Intentions, for Mass to be offered for the repose of your soul.

St Joseph’s Parish Dinner

Will be held on Sat 18th November, 7:30pm for 7:45pm. £20 per head for four course meal, two glasses of wine, coffee & mints. For tickets and further information please contact Marie (01732 762525) or Julie (01732 883819)

CAFOD Harvest Fast Day - thanks

CAFOD would like to thank the Parish most sincerely for the magnificent contribution of £4,088.08 for the

recent Harvest Fast Day Appeal. We are most appreciative of the help of all who contributed to the launch of this appeal. Thanks to your generosity we shall be able to help many more of our needy brothers and sisters in the non developed world.

Food Bank - Next Collection November 18/19th

A particular request this time is for *tinned meat for heating up* e.g. beef, chicken, pork and *tinned vegetables*. However, all non-perishable food items and toiletries are always very acceptable.

Many thanks! Queries to Isobel White 01732 461694.

Parish Courses/Programmes

Bereavement Support Group

This is a new informal group set up by Ronnie Campbell and Isabelle Parsons (both of whom have some training in bereavement support.) With Fr David’s support and encouragement, we are hoping to offer a monthly meeting for all those who have been bereaved, whether recently or a long time ago. You will find a warm welcome. We plan to offer a time to reflect and remember; to meet others; to exchange stories and to enjoy company and share refreshments. We will meet on the third Monday of each month from 10.30 am – 12 noon, in the Parish Centre. Please do come along to join us on Monday 20 November for the first get together. For more details, please ring either Ronnie Campbell 01732 452988 or Isabelle Parsons 01732 462504 or 07873 953423.

Please see the noticeboards in the Church porches

- ◆ Thank you letter from Missionary Society of St Columban
- ◆ The Nativity - a play for all the family at Wintershall

Parish Finances

What return can I make to the Lord for his generosity to me? Psalm 116

Offertory - 28/29 October

St Thomas	1,278.12
Otford	189.26
B Green	346.50
W Kingsdown	124.96
TOTAL	£1,938.84

The totals for Standing Orders are not included and are notified monthly.

Thank you for your generosity and support.



From the Desk of the Parish Priest

A Year in Review

It is a year since I succeeded Fr Richard as Parish Priest, and what a year! The most clamant problem I faced was that the building of the new church at Borough Green had ground to a halt and the project was in serious jeopardy. With assistance from the diocesan Premises Manager, Chris Millington, the situation has been rescued and now the parishioners in that part of the parish have a fine new church in which to celebrate Mass. Amazingly the project came in very close to the original budget, but we now have to pay the final invoices (as reported in a previous Newsletter).

Other practical problems included the disconnected main Sanctuary lighting in St Thomas’s (which made saying Mass in the evenings almost impossible), the dangerous electrics in the Presbytery (which voided the insurance) and woodworm. These have all been rectified, along with the security lighting outside the Presbytery and the Church side entrance.

A major concern was the lack of DBS checks: the law obliges catechists working with children, Ministers of Holy Communion visiting the elderly, and suchlike, to be DBS cleared before starting the role (even if unpaid). The parish has been blessed that Isabelle Parsons has undertaken the role of Safeguarding Officer; she has processed over 75 DBS checks.

Canon Law requires every parish to have a Finance Committee. As well as breaching this, the parish was also breaking a number of diocesan finance rules (eg requiring employees to be paid via the diocesan payroll, requiring teams of counters, and so on). I am grateful to the members of the new Finance Committee for their work, not least in achieving utility bill savings and in complying with diocesan and Charity Commission requirements; thanks also to the volunteer counters.

The Presbytery phone system was, to put it bluntly, unfit for purpose: the Assistant Priest could not answer the phone or have calls put through to him. With Adrian Pinington’s help we now have a modern phone system (albeit not

without teething troubles) and new IT equipment.

Church law requires Extraordinary Ministers of Holy Communion to be properly commissioned by the Bishop, but a large number of people were performing this ministry without being commissioned. The situation was regularised when Bishop Paul Mason came to commission 20 Ministers; we now have 68 Extraordinary Ministers with 4 yet to be commissioned.

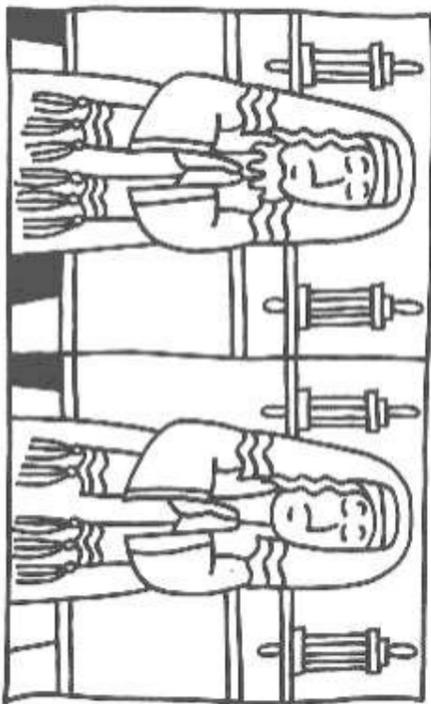
Surprisingly there was no Baptism preparation (which had led to a great many abuses); we have now instituted a proper preparation for parents wishing to have their children Baptized. Andrew La Trobe has also revived an annual RCIA course for converts. There were also a number of instances where choirs were singing words at Mass which had been forbidden by the Bishops of England & Wales from Pentecost 2014 and where catechists were using old Confirmation rites. I do realise that it is irksome to have to change these things and again thanks to those concerned for doing so.

The governance (or lack of it, contrary to Ofsted rules) of the Pre-School is another issue. I and the governors of St Thomas’ School are looking into this. I was also struck when I came to the parish at the lack of social events. We now have the beginnings of a Social Committee, and Ben Andradi organised a very popular Summer Garden Party; a post-Christmas event is being planned.

A priest cannot do everything on his own, and it is to the credit of parishioners that they have been very supportive and helpful in all these changes. We all know how change can be unsettling. I am especially grateful to Ingrid for all her work (for example in producing the superb new Newsletter), and of course to first Fr Gregory and second Fr Paul for their support and fellowship.

Now that all these issues are largely sorted we can concentrate, God willing, on more important matters, such as evangelization, the catechesis of children not at Catholic school, and making our Liturgy worthy of the good God whom we worship.

God Loves his children



Can you tell what is missing from the picture on the right?

Practise what you preach!

The Pharisees wanted everyone to look at them so they could show off their holiness!

Step by Step

THIRTY-FIRST SUNDAY OF THE YEAR (A)

Matthew 23:1-12

Colour the letters, using the colour key below

BE HUMBLE

Jesus told us to be humble and to serve God quietly without showing off!

1 Blue
2 Red
3 Yellow
4 Green
5 Purple

Mass intentions

All masses are at st Thomas's CHURCH unless otherwise stated

Sunday 5th November THIRTY-FIRST SUNDAY OF ORDINARY TIME (A)	
6:00pm (Sat)	Annie & James McLaughlin RIP (Music Group)
8:00am	People of the Parish
9:15am	Christine Hallam & family
11:15am	Desmond Hickey RIP
6:00pm	Julia Mascarenhas RIP
9:30am Otford	Rev Fr Gerry Tuite - happy birthday
9:30am Borough Green	UCM Intentions
11:00am West Kingsdown	Julia Taylor RIP
Monday 6th Feria	
8:00am	Joseph & Josephine Brown RIP
Tuesday 7th DEDICATION of the METROPOLITAN CATHEDRAL CHURCH of S GEORGE	
9:30am	Fr Ignatius Lazzari RIP
Wednesday 8th Feria	
8:00am	Mr Ron McCormack RIP
10:00am Otford	Margaret Madams RIP
Thursday 9th DEDICATION of the LATERAN BASILICA	
9:15am West Kingsdown	Maureen Way RIP
12:00noon	Olive Hall RIP (Anniv)
7:30pm Otford	Ordinariate Mass
Friday 10th S Leo the Great, P D	
8:00am	Hubert Jamitzky RIP (Anniv)
9:15am West Kingsdown	Francis Xavier Fernandes RIP
Saturday 11th S Martin of Tours, B	
9:15am West Kingsdown	Ken O'Brien RIP
9:30am	Timothy & Clea Andradi RIP
Sunday 12th November THIRTY-SECOND SUNDAY OF ORDINARY TIME (A)	
6:00pm (Sat)	Mark Pijper RIP
8:00am	Mrs Constance Mary Edwards RIP (Anniv)
9:15am	For the good estate of Peg Bonner
11:15am	Bernard Page RIP (Traditional Choir)
6:00pm	People of the Parish (Confirmation - Mass of Election)
9:30am Otford	Michael Connolly RIP
9:30am Borough Green	Doreen Huggett RIP
11:00am West Kingsdown	UCM, West Kingsdown

Baptism

Welcome to
Oliver Anthony John Dalton
who was baptized at Holy Trinity, Otford last weekend.

Please remember the sick who have been commended to our prayers, especially:

Sue Chamberlain, John Cooney, Maureen Hanton, Bob Harman, Thomas Healy, Rosemary Remnant, Hazel Pilorz, Maureen Way, Ana Pilar Santos, Mary Tyler

Departed

Please pray for the souls of

Maureen Way & Theresa Palmer

who have recently departed.

Anniversaries

Maurice Rodgers, Edward Dodd, Bridget McGavin, Leon Burnett, John Fleming, James Johnston, Nora Bishop, Fr Michael Lane, David Green, Eric Smith, Pat Keown, Doris Rackley, Celia Rudden, Ben Dwyer, Morvenne Tomlinson, Edward Wright, Adelane Sims, Mrs Gibberd, Reg Dominey, Peggy Whitehead, Sheila Kennedy, Doris Rackley

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace.

Sunday 8:00am Mass Antiphons

Entrance Antiphon:

Ne derelinquas me, Domine Deus meus, ne discedas a me; intende in adiutorium meum, Domine, virtus salutis meae.

Communion Antiphon:

Sicut misit me vivens Pater, et ego vivo propter Patrem, et qui manducat me, et ipse vivet propter me, dicit Dominus.